



# Small Talk



Take advantage of teachable moments.

**KEY QUESTION:** Should I worry?

**BOTTOM LINE:** God takes care of me.

**EVERY CHILD NEEDS TO KNOW...**

**God made me.**

**TEACHABLE MOMENTS:** This week your child learned about one of her favorite things—food! Food is a major part of every preschooler's day. Eating is the perfect time to teach your child that God takes care of her by giving her food to eat. Take time this week to look through the pantry and refrigerator with your child. Allow her to pick her favorite foods and line them up on the table. Step back with her and look at what she has chosen. Ask your child to tell why she enjoys these foods so much. Each time she does so, end with "Thank you God for (name of food)."

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